

CONCENTRATION IN HEALTH EDUCATION

The Health Education concentration is recommended for students preparing for careers as personal health coaches, school health directors, workplace wellness coordinators, community health educators, leaders of personal and public exercise and wellness initiatives, and related occupations.

Prerequisites

Requirement	Title	Credits
PSYC 105	Introduction to Psychology	3

Requirements

Requirement	Title	Credits
HSCI 400	Health Education Programming	3
PSYC 420	Wellness Coaching and Development	3
PSYC 460	Motivation	3
PSYC 470	Positive Psychology	3
PSYC 480	Group Processes	3

The Concentration in Health Education cannot be combined with the Addiction and Substance Use Disorders, Applied Pastoral Counseling, General Psychology, Human Services, or Industrial/Organizational Psychology concentrations.